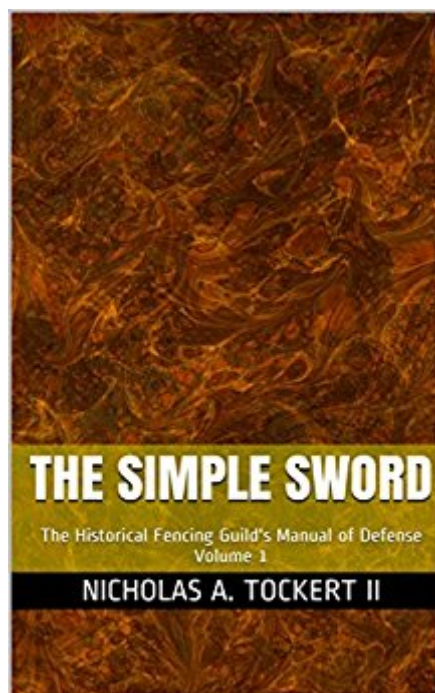


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The Simple Sword: The Historical Fencing Guild's Manual Of Defense Volume 1



Synopsis

Simply put, this is a manual to learn a user friendly approach to classical fencing and swordplay. I have dedicated myself for 15 years developing and teaching a style that is easy to learn, effective, and most importantly accessible. The Simple Sword was born from the idea that anyone who truly wishes to learn how to handle a sword, regardless of limitation. This volume focuses primarily on the rapier, and related secondary styles, such as fighting with dagger and bucklers. It is geared toward the novice, so if you never even touched a sword before, this can help you. Further, this volume goes into how select your equipment, advice on crafting your gear when possible, even tips on how you may from a student to training students of your own. It is the Author's hope that The Simple Sword can set you on a journey of adventure and personal growth.

Book Information

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Customer Reviews

This is a wonderful introduction to the use of the rapier. The author is specially good at giving hope to those of us, who have a least than perfect level of fitness. The book has a lot if insight in how to handle any sword or simulated sword object. I liked the book and plan to learn from it. The author has done is homework, he even includes a bit on the Spanish rapier, something not very common. Now it needs proofreading, it has nothing that would impede the reading but is annoying.

Also the decision to include only drawings, perhaps, was not ideal, a few pictures would have been nice. Specially with the do it yourself instructions for making a neck gorge. Also some of the text is on the pictures that requires zooming, a better formatting would be nice. A good book that could be better. I hope he gets out the second part. Peter A Sword Nerd

If you're interested in using a sword in any way this is an easy to follow system that is a beneficial tool no matter your level of physical activity. These techniques can be used with sword surrogates as well such as umbrella or cane to be a useful self defense tool in any situation where you have something at hand it doesn't have to be a blade. My wife and children have also benefited from the lessons in this manual. You don't need tons of money and fancy gear to learn the sword. This affordable, invaluable manual is a first step into a fun martial art that doubles as some good cardio.

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